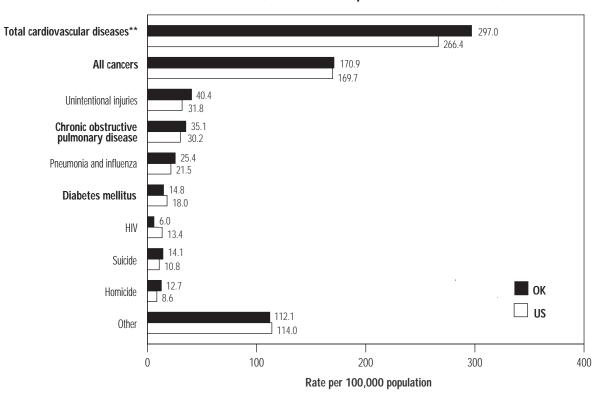
Oklahoma: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Oklahoma, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is sixth.
- In 1995, 73% of all deaths in Oklahoma were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, and chronic obstructive pulmonary disease were higher in Oklahoma than in the United States; the death rate for diabetes was lower.

Causes of Death, Oklahoma Compared With United States, 1995*



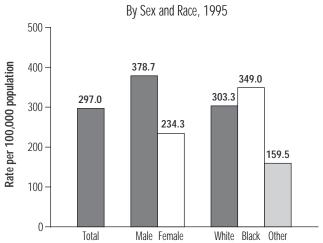
^{*}All data are age adjusted, 1970 total U.S. population.

^{**}Total cardiovascular disease death rates include rates of death due to ischemic heart disease (157.6 per 100,000 in Oklahoma and 135.2 per 100,000 in the United States) and rates of death due to stroke (46.1 per 100,000 in Oklahoma and 42.5 per 100,000 in the United States).

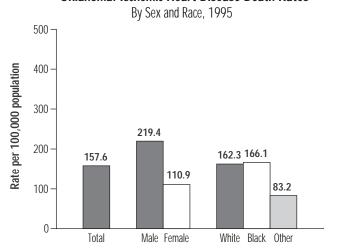
Oklahoma: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Oklahoma, accounting for 41% of all deaths.
- Ischemic heart disease accounted for 53% of all cardiovascular disease deaths in Oklahoma in 1995; 7,504 people in Oklahoma died of ischemic heart disease.
- In 1995, 2,377 people in Oklahoma died of stroke.

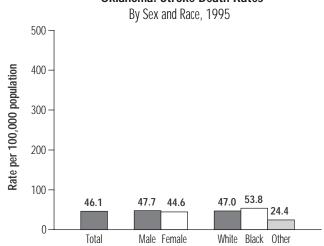
Oklahoma: Total Cardiovascular Disease Death Rates



Oklahoma: Ischemic Heart Disease Death Rates



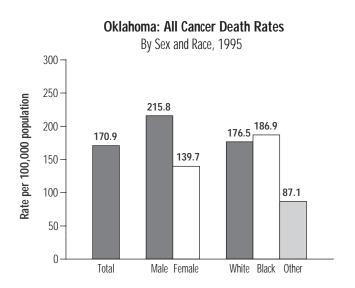
Oklahoma: Stroke Death Rates

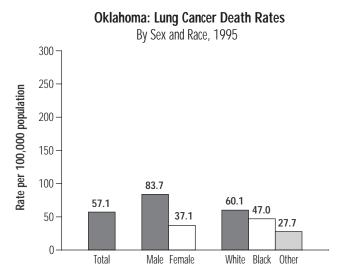


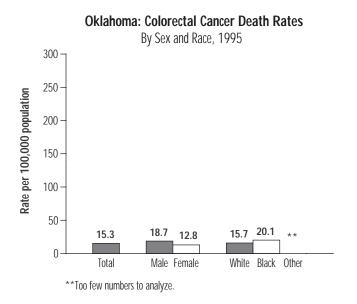
Note: All data are age adjusted, 1970 total U.S. population.

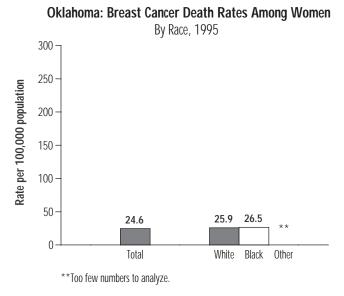
Oklahoma: Cancer

- Cancer accounted for 24% of all deaths in Oklahoma in 1995; 7,139 people in Oklahoma died of cancer.
- In Oklahoma in 1995, 2,287 people died of lung cancer, 678 people died of colorectal cancer, and 556 women died of breast cancer.
- The American Cancer Society estimates that 2,500 new cases of lung cancer, 1,600 new cases of colorectal cancer, and 2,000 new cases of breast cancer will be diagnosed in Oklahoma in 1997.







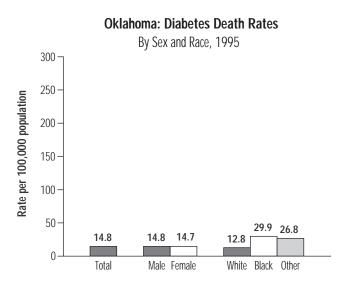


Note: All data are age adjusted, 1970 total U.S. population.

Oklahoma

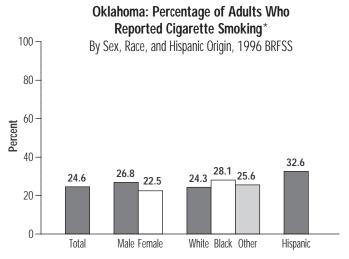
Oklahoma: Diabetes

- In 1994, 79,080 adults in Oklahoma had diagnosed diabetes.
- Diabetes was the underlying cause of 640 deaths in Oklahoma in 1995.
- In 1993, diabetes was the most common contributing cause of 270 new cases of end-stage kidney disease in Oklahoma.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.



Note: All data are age adjusted, 1970 total U.S. population.

Oklahoma: Risk Factors



*Ever smoked at least 100 cigarettes and now smoke every day or some days.

Oklahoma: Percentage of High School Students Who Reported Cigarette Smoking By Sex, 1995 YRBSS

YRBSS data not available

Oklahoma: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

80 –

80 –

37.1 37.4 36.7 35.4 44.7 44.3 51.1

*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

Male Female

0

Total

Oklahoma: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS

YRBSS data not available

Oklahoma: Percentage of Adults Who Reported Being Overweight*

White Black Other

Hispanic

By Sex, Race, and Hispanic Origin, 1996 BRFSS

80

29.0

31.1

27.0

28.8

31.1

32.6

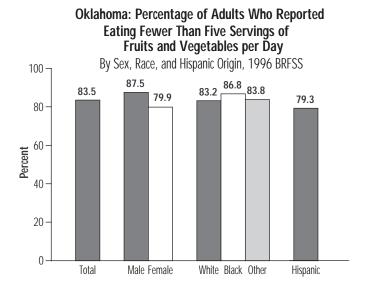
Total Male Female White Black Other Hispanic

*Body mass index \geq 27.8 kg/m² for men and \geq 27.3 kg/m² for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

Oklahoma

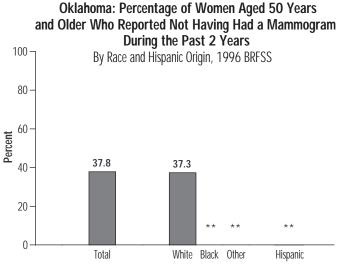
Oklahoma: Risk Factors

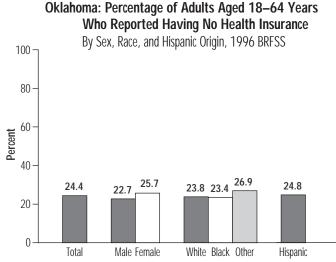


Oklahoma: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey By Sex, 1995 YRBSS

YRBSS data not available

Oklahoma: Preventive Services





Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

**Too few numbers to analyze.